

Module 1 - Assessing your Motivation

20 Questions to Assess your Motivation to Become a Team Coach

As you embark on the journey of the GTCI Practitioner Program, it is useful to think of your motivation to become a team coach. Since this will be our first topic at Module 1, we ask you kindly to take some time to reflect on your motivation for becoming a team coach using the questions below:

1. How does your role as a coach align with your life's purpose?
2. What is the difference you want to make as a coach, and why?
3. How much (and what) are you still learning as a 1-to-1 coach?
4. What are your top 3 personal learning goals?
5. To what extent do you like to learn by being "Thrown in at the deep end"?
6. How much do you enjoy working with complexity?
7. How comfortable are you with letting go of control?
8. Do you get greater satisfaction from solving problems or from supporting someone else in solving problems? (Be honest!)
9. To what extent would letting go of control more make you a better coach overall?
10. Are you motivated to coach more by a sense of altruism or more by a desire for learning?
11. How pure are your motives for helping others?
12. How important is it to you that clients develop successful solutions in their coaching sessions with you?
13. What do you still have to prove and to who?
14. Is coaching more about what you do, or about who you are?
15. What is the dark side of your coaching?
16. If you were not a coach, what other occupation would give you the same fulfillment?
17. Do you prefer working on your own or as part of a team?
18. Who are your positive and negative role models as coaches?
19. What lies ahead of you, beyond coaching?
20. If you were coaching yourself right now, what else would you ask yourself?